## The Hong Kong College of Orthopaedic Surgeons CME/CPD Annual Return Form (2023-2025)

| Ca                                 | ategories   |   | Passive   |                          | Acti   | <b>Ve</b> (min 15 ner 3-                | vear cycle)      |  |
|------------------------------------|---|---|---|--------------------------|--------|---|------------------|--|
|                                    |   | Summ  | ary of Credi  | t Poin                   | ts C   | Claims                                  |                  |  |
|                                    |   |   |   |                          |        |   |                  |  |
| 6.                                 | Additional 10 Cat R points per year are required for Rehabilitation Trainers/Rehabilitation Subspecialty Board Members. |   |   |                          |        |   |                  |  |
| 5.                                 | Additional 10 points (no category requirement) per year are required for Orthopaedic Trainers.                          |   |   |                          |        |   |                  |  |
| 4.                                 | per cycle;  | pecialists (thos  | e registered with MCH<br>se registered with MC<br>t R per cycle.        |                          |        | ·                                       |                  |  |
| 3.                                 | can be awarded  | inimum CME/CPD requirement is 90 points in a 3-year cycle in which no more than 75 points awarded for passive participation. <b>NIL return is also required</b> but Fellows are recommended in a minimum of 10 points over each year. |   |                          |        |   |                  |  |
| 2.                                 |   | fee may be required for late submission and amendment requests after submission. of return apart from this standard form will <b>NOT</b> be accepted.   |   |                          |        |   |                  |  |
| <u>Note</u><br>1.                  | Fellows should r<br>https://www.hkco  | os.org.hk/cme.  | CPD Fellow's Guides<br>asp). Fellows are also<br>iis annual return form | (2023-202<br>o requested | 5) car | refully (please brovecord and report th | vse<br>e CME/CPD |  |
| Period of CME/CPD Annual<br>Return |   | D Annual :  | From 1 January  | 2023                     | to     | 31 December                             | 2023             |  |
| Na                                 | ame of Fellow   | :   |   |                          |        |   |                  |  |
|                                    |   |   |   |                          |        |   |                  |  |

|            | Summary of Credit Points Claims |  |  |  |  |
|------------|---------------------------------|--|--|--|--|
| Categories | Passive                         | Active (min 15 per 3-year cycle)             |  |  |  |
| Cat A      | Point(s)                        | Point(s)                                     |  |  |  |
| Cat B      | Point(s)                        | (NO Active CME/CPD for Cat B & R activities) |  |  |  |
| Cat Rehab  | Point(s)                        |  |  |  |  |
| Sub-Total  | Point(s)                        | Point(s)                                     |  |  |  |
| TOTAL      |                                 | Point(s)                                     |  |  |  |

| Signature of Fellow | : |  |
|---------------------|---|--|
| Date                | : |  |

Please return this form and the relevant documents by email to <a href="https://hkcos.org.hk">hkcos@hkcos.org.hk</a> on or before 15 January 2024.

## **List of Accredited CME/CPD Activities**

You may log on to the CMECPD Profile in the HKCOS eLogbook System, simply print out the "**Record List**" as details (please select the corresponding period 1/1/2023-31/12/2023).

Others accredited CME/CPD activities are not shown on the "**Record List**" could be supplemented in the table per below:

| Date | Accredited CME/CPD<br>Activities | PASS  | PASSIVE pt(s) claimed |       |       | Copy of Attendance   |
|------|----------------------------------|-------|-----------------------|-------|-------|----------------------|
|      |                                  | Cat A | Cat B                 | Cat R | Cat A | Certificate<br>(Y/N) |
|      |                                  |       |                       |       |       |                      |
|      |                                  |       |                       |       |       |                      |
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|      |                                  |       |                       |       |       |                      |
|      |                                  |       |                       |       |       |                      |
|      |                                  |       |                       |       |       |                      |
| l    | Sub-Total:                       |       |                       |       |       |                      |